



# OCTOBER 2021

# ALSEA MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Fresh Salad Greens, Fruits, Veggies, &amp; More</p> 	<p><b>LOCHMEAD</b> Variety Low Fat Milk Served With Every Meal</p> <p><b>Eat Breakfast For a GREAT START</b></p> 			1
<p>4 Chocolate Chip Muffin Juice</p> <p>#1 Hot Italian Sandwich #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>5 Benefit Bar (FT) Banana</p> <p>#1 Beef Nachos #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>6 Cinnamon Roll Apple</p> <p>#1 Meaty Spaghetti #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>7 Yogurt &amp; Granola Pears</p> <p>#1 Pepperoni Pizza #2 *Peanut Butter &amp; Jelly Sandwich Dessert</p>	8 <b>No School</b>
<p>11 Mini Breakfast Bites Applesauce</p> <p>#1 Chicken Patty Sandwich #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>12 French Toast Banana</p> <p>#1 Corn Dog &amp; Tots #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>13 Raspberry Muffin Apple</p> <p>#1 Toasted Cheese &amp; Tomato Soup #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>14 Breakfast Round Yogurt</p> <p>#1 Cheese Pizza #2 *Peanut Butter &amp; Jelly Sandwich Dessert</p>	15 <b>No School</b>
<p>18 Bagel w/Cream Cheese Juice</p> <p>#1 Hamburger w/ Baked Beans #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>19 Yogurt &amp; Granola Banana</p> <p>#1 Pancakes w/Pork Sausage Links #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>20 Belgian Waffle Apple</p> <p>#1 Mac &amp; Cheese w/Popcorn Chicken #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>21 Blueberry Muffin Pears</p> <p>#1 Pepperoni Pizza #2 *Peanut Butter &amp; Jelly Sandwich Dessert</p>	22 <b>No School</b>
<p>25 Buttermilk Bar Orange Juice</p> <p>#1 Tangy Chicken Sandwich #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>26 Benefit Bar (Chip) Banana</p> <p>#1 Hot Dog w/ Fritos #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>27 Maple Rolls Apple</p> <p>#1 3 Bean Chili w/ Corn Bread #2 *Peanut Butter &amp; Jelly Sandwich</p>	<p>28 French Toast Sticks Pears</p> <p>#1 Cheese Pizza #2 *Peanut Butter &amp; Jelly Sandwich Dessert</p>	29 <b>No School</b>

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.

9/29/2021