

FEBRUARY 2019

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LOCHMEAD

Variety Low Fat Milk
Served With Every Meal






**Eat Breakfast
For a
GREAT START**

Fresh, local
fruits and
vegetables used
whenever
possible.

Milk
Lochmead Dairy
All milk served is 1% or
non-fat flavored or
unflavored milk for all
participants ages 6 to 18.



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<p>4 Buttermilk Bar or Asst. Cereal Orange Juice</p> <p>#1 Chicken Drumstick w/Roll #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Raisins</p>	<p>5 Bagel w/Cream Cheese or Asst. Cereal Local Apple</p> <p>#1 Meaty Spaghetti w/French Bread #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Applesauce</p>	<p>6 BeneFit Bar or Asst. Cereal Peaches</p> <p>#1 Nachos Supreme #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Orange</p>	<p>7 Maple Roll or Asst. Cereal Pineapple</p> <p>#1 *Cheesy Stuffed Breadstick w/Marinara #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Banana</p>	<p>8</p> 
<p>11 Apple Delight or Asst. Cereal Apple Juice</p> <p>#1 Chicken Tenders w/Roll #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Raisins <i>Mashed Potatoes</i></p>	<p>12 Maple Bar or Asst. Cereal Banana</p> <p>#1 Mac & Cheese w/Chicken Mega Bites #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Applesauce</p>	<p>13 Pumpkin Cranberry Muffin or Asst. Cereal Pears</p> <p>#1 Golden Brown Weiner Wrap #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Oranges</p>	<p>14 Chocolate Chip Breakfast Round or Asst. Cereal Mixed Fruit </p> <p>#1 Flatbread Pizza (Pepperoni, Cheese or Veggie) #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Banana</p>	<p>15 Assorted Cereals Applesauce</p> <p>Munch Lunch w/ Bean & Cheese Burrito or *Peanut Butter & Jelly Sandwich</p> <p>Carrots Apple</p>
<p>18 No Classes Possible Make Up Day</p> 	<p>19 Bagel w/Cream Cheese or Asst. Cereal Orange Wedges</p> <p>#1 Brunch Pancake & Sausage #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Applesauce</p>	<p>20 Banana Chocolate Chip Muffin or Asst. Cereal Raisins</p> <p>#1 Bean & Cheese Burrito #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Orange</p>	<p>21 Cinnamon Roll or Asst. Cereal Peaches</p> <p>#1 *Cheesy Quesadilla #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Banana</p>	<p>22 Maple Bar or Assorted Cereals Grape Juice</p> <p>Munch Lunch w/ Chicken Corndog or *Peanut Butter & Jelly Sandwich</p> <p>Carrots Apple <i>Cookie</i></p>
<p>25 Apple Delight or Asst. Cereal Apple Juice</p> <p>#1 Cheeseburger #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Raisins</p>	<p>26 Croissant w/Cream Cheese or Asst. Cereal Orange Wedges</p> <p>#1 Corndog w/Tots #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Applesauce</p>	<p>27 Maple Round or Asst. Cereal Banana</p> <p>#1 Parmesan Chicken Breast on a Bun #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Oranges</p>	<p>28 Mini Pancakes or Asst. Cereal Applesauce</p> <p>#1 Homemade Pizza (Pepperoni, Cheese or Veggie) #2 *Peanut Butter & Jelly Sandwich</p> <p>Salad Bar Banana</p>	

~~ Menu Subject to Change ~~

This institution is an equal opportunity provider.